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NEWS RELEASE

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## **Kendall Stedman Honored By Deputy Presiding Officer Jay Schneiderman**



Pictured from Left to Right: Kendall Stedman and Legislator Jay Schneiderman

On Tuesday, June 3 at the Suffolk County Legislature's General Meeting, Deputy Presiding Officer Jay Schneiderman (I-Montauk) presented Kendall Stedman with a proclamation for her achievement as a 2014 Brookhaven National Laboratory Science Fair Winner. Kendall, a sixth grade student at the Montauk Public School, is the first winner of the competition from Montauk.

Kendall's project displayed how much music affects the human heart. Kendall set out to determine if different kinds of music actually affect the heart rate causing it either to slow down or speed up. She set up a music station with headphones and a pulse oximeter. She then recorded and graphed each subjects resting heart rate, as well as their heart rates during each type of music played. Based on her results, Kendall was able to prove classical music slows a person's heart rate, while pop music and rock and roll increase it. This project has piqued her interest in Music Therapy.